

Health Advice for Parents

This advice is intended to help parents to decide when they can bring children into nursery and when it would be better to keep them at home. Quite often young children will say they want to come to nursery even when they are quite ill. We appreciate that it can be difficult to say no on these occasions. However, sick children need to be at home.

- Children on antibiotics should be **48** hours into the course before returning to nursery.
- Children with butterfly clips or stitches should not attend nursery until these have been removed.
- Children with broken limbs should not attend nursery. In the case of minor breakages the Headteacher/Day Care Manager must be consulted prior to the child attending to make sure that a risk assessment has been carried out and all health & safety issues considered.
- If in any doubt please discuss with nursery staff before bringing the child in.
- For other injuries please ask for advice from the hospital/doctor, and if in doubt discuss with a member of staff before bringing the child in.

Contagious Illnesses and Infections

These are the recommended periods to keep children off nursery if illness occurs issued by the Health Protection Agency:

Chicken Pox	5 days from the start of the rash or when ALL the spots have crusted over
Diarrhoea and Sickness	48 hours after the symptoms have stopped and the child is feeling well. You will be asked to come and collect a child who has diarrhoea outbursts during the day.
Food Poisoning and Dysentery	48 hours after the symptoms have stopped and the child is well
German Measles	5 days after the rash appears if the child is feeling well
Glandular Fever	Until the child is feeling well
Head Lice	Until treatment has started – If you require any specific advice on treating head lice please contact your Health Visitor
Hand, Foot and Mouth Disease	Although this is contagious it is hard to pass on. Please consult staff, who will advise you whether to bring your child in
Measles	7 days after the rash appears and the child is well.
Mumps	5 days after the onset of swelling or until the child is well
Ringworm	No exclusion required
Impetigo	Until lesions are crusted over or at least 48 hrs after commencing antibiotic treatment and the child is feeling well
Scabies	Until cured
Scarlet Fever	48 hours into the course of antibiotics
Sickness	48 hours after the vomiting has stopped and the child feels well
Whooping Cough	48 hours into the course of antibiotics or 21 days if no antibiotic treatment is given
Conjunctivitis	Depending on the severity of the outbreak - until treatment has eased symptoms, at least 24 hours after the start of treatment and the child is feeling well.
COVID-19	Children with a positive test result for COVID-19 should not attend the setting for 3 days after the day of the test.

Medicine can only be administered to your child at nursery if you have given written permission for that particular medicine to be given. Prescription medicine must have your child's name on it. Non-prescription medication will only be administered to your child at the discretion of the Headteacher/Day Care Manager.

Whenever your child is not well enough to attend nursery we would appreciate a phone call to let us know. If your child is absent and we have not received a phone call or a message, a member of staff will probably ring you for an explanation on the first day of absence.

Updated April 2022